

MONDAY, APRIL 6

All Choirs



OBJECTIVE

1. To discuss how music can change your mood
2. To analyze why music is enjoyable (lyrics, melody, rhythm, and harmonies)
3. To create a playlist of music that encourages and uplifts people



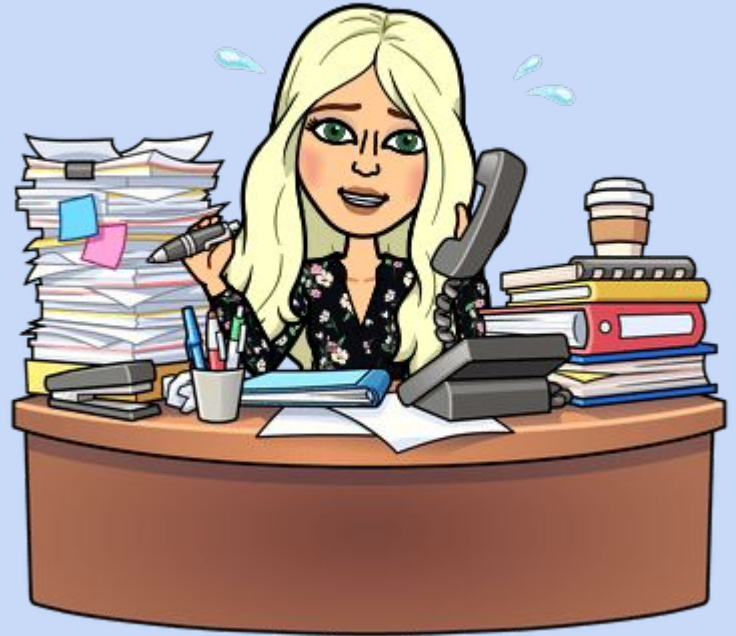
BELL WORK

Think of a friend/classmate you haven't seen or heard from in awhile.

Reach out to them via email, text, or other social media outlets.

It's always nice to know someone is thinking of you and wishing you well!

- Hello! Hope you are doing well!
- Thinking of you and hoping you are doing alright!
- Miss you! Can't wait until we can hangout again!



LESSON - WATCH VIDEO

ROOTED IN LOVE

Jetsons



LESSON

Take a moment and think about the video and what it was saying.

Complete this [google form](#) about the video.

Remember that it is okay to feel what you are feeling.

We can look at this situation and try to make it the best we can!

Fill your life with positive thoughts!

RADIATE  POSITIVITY

**“Music has healing power.
It has the ability to take
people out of themselves
for a few hours.”
-Elton John**



LESSON

THINK OF 2 SONGS THAT MAKE YOU HAPPY AND BRIGHTEN YOUR MOOD!



OUR ISD QUARANTINE CHOIR PLAYLIST

1. Spend some time listening to 2 songs that lift your spirits!
 - a. Think about the lyrics, beat, message, harmonies, and the reason why it makes you happy
 - b. Make sure it is school appropriate :)
2. Once you have picked your 2 songs, fill out this [google form](#) with the links and reasoning!
3. We will create a playlist of all the songs and send it.



PRACTICE

1. Try listening to your two songs as you make lunch or take a walk throughout your week. See if it helps your mood!
2. Share your songs with a family member, friend, or community person via electronics to brighten their day!